

Biological and chemical changes during the aerobic and anaerobic fermentation of African locust bean

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Abstract

The effect of aerobic and anaerobic fermentation on the nutritive value of African Locust beans were investigated. The seeds were soaked, boiled, dehulled and fermented for four days. The raw, unfermented and fermented seeds were subjected to physicochemical analysis. Fermentation caused a significant protein increase in the fermented seeds from 32 % to about 50 and 45% for both aerobic and anaerobic fermentation respectively. Decrease in some other proximate parameters were also observed, such as percentage ash content, carbohydrate, crude fibre with fermentation days for both aerobic and anaerobic fermentation. The product obtained from the aerobic fermentation was alkaline with a pH of 8.2, while the pH of the anaerobic seeds was slightly acidic 5.76.

Keywords: aerobic fermentation, anaerobic fermentation, proximate, sensory evaluation

Introduction

Fermentation is the biological conversion of complex substrate such as starch or sugar into simple compounds by microorganisms [1]. It can also be defined as the production of energy from food without using oxygen. It is one of the oldest forms of food preservation known to man [2, 3].

Parkia biglobosa tree is known to be a native of Africa and is an important multipurpose tree of West African Savannah land, which is primarily grown for its pods that contain both a sweet pulp and valuable seeds [4]. The pods are flat and have irregular cluster of up to 30 seeds [5, 6].

African Locust bean with botanical name *Parkia biglobosa* is a leguminous plant found in the Savannah region of Nigeria. The botanical name *Parkia biglobosa* was given to it by Robert Brown, a Scottish botanist in 1826. He described the tree as genus of flowering plants in the legume group which belongs to the sub - family Mimosoideae and Leguminosae [3, 5, 7]. *Parkia biglobosa* (African locust bean seeds) is a perennial deciduous tree that grows from 7m to 20 meters high [8].

Parkia biglobosa seed is known as Iyere in Yoruba land while the fermented seed as Iru. Iru is one of the major sources of plant protein in African diet which is known as fermented vegetable protein 'Iru' [9]. Iru is consumed in many African countries, especially Nigeria. Iru known by different names in different countries - kinda in Sierra Leone. In Nigeria and Ghana it is called dawadawa or Iru, Benin Republic afintin and sonru; nététu in Senegal and Burkina Faso as soumbala; Japan as natto; and kinema in Nepal [10, 11, 12]. Apart from fermented *Parkia biglobosa* seeds (Iru) serving as a rich source of plant protein to man with low cost, it also serves as good source of protein for animal feeds, chick and fish (Livestock) [13, 14, 15].

There seems to be a general agreement on the spore-forming *Bacillus* species as the main fermentation organisms [3, 16, 17, 18, 19, 20, 21, 22]. During the fermentation of African Locust bean seeds systematic investigation showed that *Bacillus subtilis* is

the most dominant bacterium responsible for the fermentation [16, 23, 24, 25]. Literature revealed that some species of *Bacillus* such as *Bacillus licheniformis*, *Bacillus megaterium*, *L. mesenteroides* and *Staphylococcus* are also found in the fermented condiment (Iru).

Fermentation can be carried out either in the absence or in the presence of air. When air introduced into the fermentation vessel, the type of fermentation which occurs is called aerobic fermentation. In aerobic fermentation, free oxygen acts as the hydrogen acceptor. Another type of fermentation pathway occurs when little or no air is introduced into the fermentation vessel which is known as anaerobic fermentation [25].

Materials and Methods

Raw Materials

African locust bean seeds were bought from open market. The starter cultures used were freshly prepared in the Microbiology laboratory, Covenant University, Ota, Nigeria using method [3].

Preparation of seed for fermentation process

The seeds were processed according to [3] method.

pH determination

Method [26] was used for the determination of pH.

Aerobic fermentation

100 g of the seed sample was inoculated in a 200liter round bottomed flask using *Bacillus subtilis* and fermented for four days. Samples were removed daily (24 hours) and kept in a freezer for further analysis.

Anaerobic Fermentation

100 g of the seed sample was inoculated with *Bacillus subtilis* using a 200litre Buckner flask. The flask was tightly corked with a rubber cork and the air inside was removed using 240V Monarch 1 phase induction motor vacuum pump for 15

minutes (de-vacuum). Fermentation was carried out for 4 days. Samples were collected daily and kept in the freezer for

further analysis. Figure 1 shows the de-vacuuming process.



Fig 1: De-vacuuming of samples before anaerobic fermentation

Sensory Evaluation

The basic sensory evaluation of the fermenting stages of the bean was done by sight and smell tests of the seeds during various periods of fermentation.

Proximate analysis was carried out using method [25].

Results and Discussion

Raw Seed

The raw seed had a pungent but not offensive smell.

Table 1: Anaerobic Fermentation

	Odour/Aroma	Colour	Comments
Starting Sample	Beany Smell	Creamy Brown	Not Edible
Day 1	Lightly Pleasant	Brownish	Acceptable, no mucilage seen
Day 2	Ammonia smell	Browner	Mucilage noticed
Day 3	Stronger Ammonia smell	Browner	Not too acceptable with whitish mucilage
Day 4	Choking ammonia smell	Dark Brown	Presence of whitish mucilage had increased and the smell had become very strong

Table 2: Aerobic Fermentation

	Odour/Aroma	Colour	Comments
Starting Sample	Beany Smell	Creamy Brown	Not Edible
DAY 1	Lightly Pleasant	Brownish	Acceptable, no mucilage seen
DAY 2	Lightly pleasant	Browner	Acceptable with ammonia smell
DAY 3	Ammoniacal smell	Browner	Stronger ammonia smell
DAY 4	Choking	Dark Brown	Stronger ammonia smell

Inferences from the sensory evaluation

Tables 1 and 2 explained what was observed during the two fermentation processes. The mucilage formed during the fermentation was as a result of deterioration caused by other microorganisms growing on the substrate such as yeast or fungi. While the change in colour was due to the breaking down of amino acids and production of ammonia that occurs during fermentation. The appearance of the whitish mucilage and the stronger ammonia smell in the anaerobic fermentation before the aerobic fermentation may indicate that fermentation takes place faster during the anaerobic fermentation. Mist was also noticed on the walls of the flasks used, this might be as a

result of heat released during the fermentation processes. The fermentation of African Locust bean seed is an exothermic process, where the temperature of the fermenting seed gradually increases from the ambient temperature to about 45^o C [18]. The heat released during the fermentation condensed on the surface of the flask to appear as a mist.

Proximate Analysis

The proximate analysis of both the fermented and raw African locust bean seed for aerobic and anaerobic fermentation were shown in figures 2-7, while figure 8 shows the pH.

Moisture Content

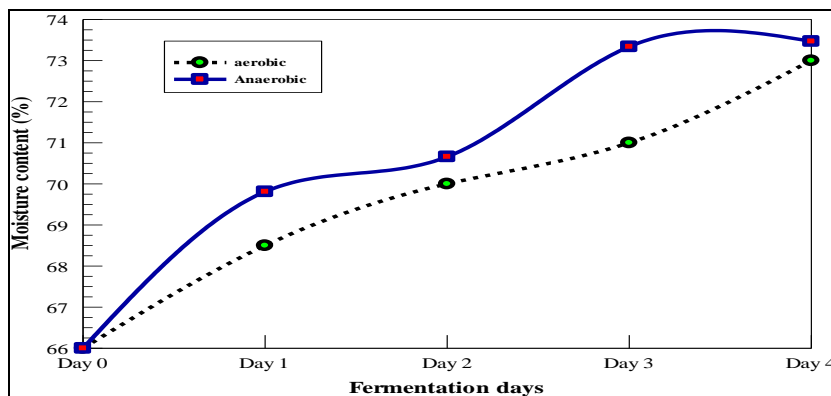


Fig 2: Percentage moisture content

In figure 2 increase in percentage moisture content was noticed for both aerobic and anaerobic fermentation. This could be as a result of various pre-fermentation processing activities carried out on the raw seed such as dehulling and boiling, since seeds were boiled for 4 hours and later left to soak overnight to soften the cotyledons before the de-hulling

stage [28]. Reported that the metabolic activities of some microorganisms during fermentation time gives out moisture as one of their end products. Increase could also be due to the activities of the inoculum on the fermented sample as a result of extracellular enzymes production.

Ash Content

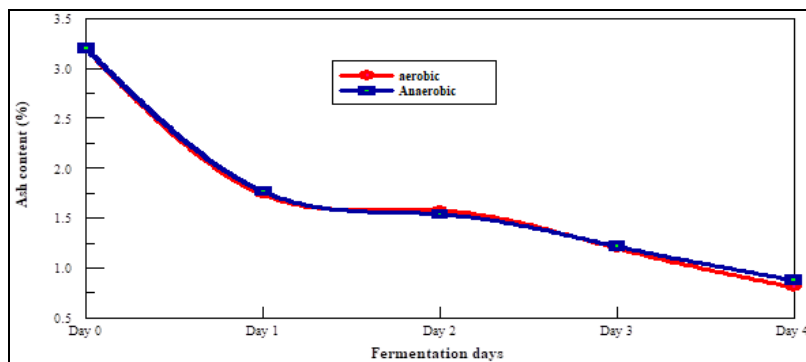


Fig 3: Percentage ash content

The ash content of the raw seed was seen to decrease after boiling and then gradually decrease during the fermentation for both fermentation processes. The decrease in percentage ash content was as a result of long hours of boiling, soaking in water and dehulling. A 40 - 45 % reduction was noticed,

which implies that the total mineral content of the seeds resides in the hull of the seeds which are leached during processing [25,28]. The reduction in percentage ash content may also be due to the utilization of some essential salts during fermentation by microorganisms for their metabolic activities.

Crude Fibre

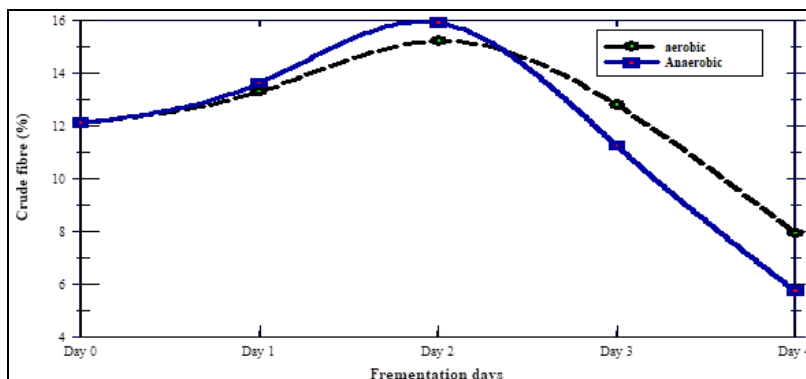


Fig 4: Percentage crude fibre

Figure 4 shows an increase in the percentage crude fibre during the first 48 hours for both fermentation processes. The pattern observed agrees with that reported by [19], who

observed that fermentation increased the crude fibre by 30 % during the first 48 hours and then reduced it by about the same amount during the last 24 hours.

Crude Protein

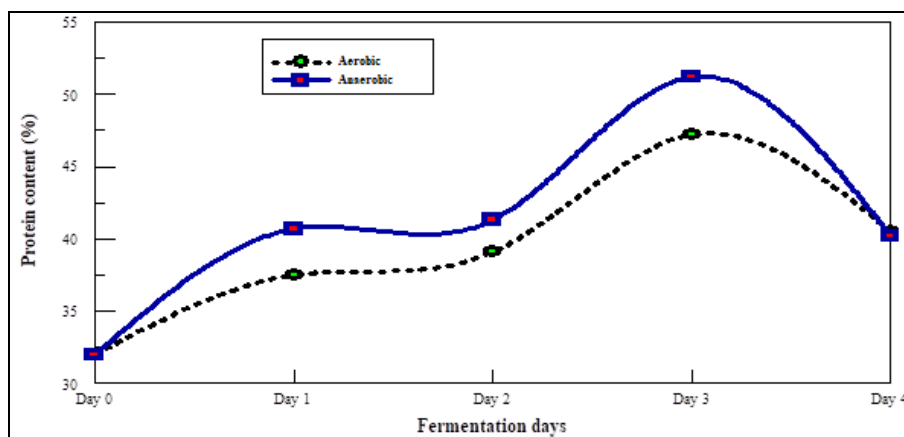


Fig 5: Percentage crude protein

Fermentation was seen to have a positive impact on the percentage crude protein of African locust bean seed in both processes. The percentage crude protein content of locust bean seed increases progressive throughout the processing until after the third day. The increase in the protein concentration was probably due to the ongoing reduction of the levels of the other components of the seed such as the crude fibre and the ash content. [26,27] reported that fermentation results in a lower proportion of dry matter in the food and the concentrations of vitamins, minerals and protein appear to increase when measured on a dry weight basis. Also some increase in the protein content may be attributed to the secretion of

extracellular enzymes by *Bacillus subtilis* during the fermentation.

[27] also reported that apparent increase in the protein content was due to the microbial proliferation or multiplication in number of microorganisms in form of single cell proteins. Best products were observed to be the samples fermented for 72 hours (3 days) this supported what was recorded in literature. [19] reported that African locust bean does not come out well if fermentation is allowed to continue for more than 3 days, this encourages the fermented media to be suitable for the growth of yeast. Over-fermentation generates unacceptable levels of volatile fatty acids.

Crude Fat

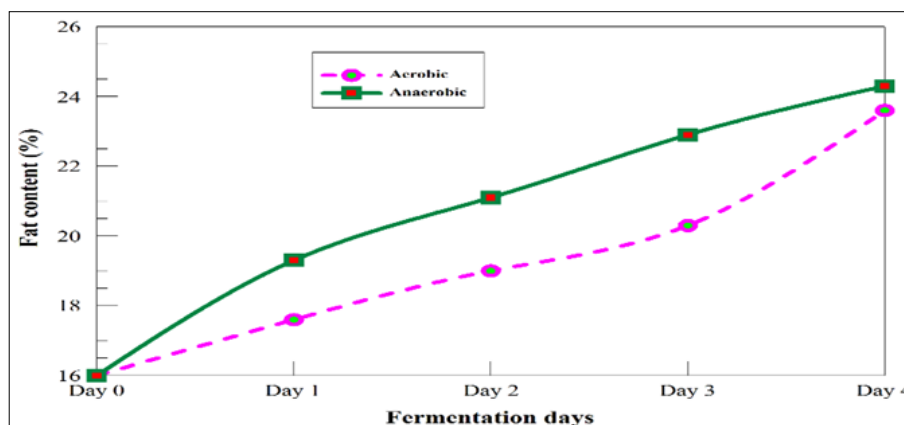


Fig 6: Percentage crude fat

Increase in fat content was also noticed in both aerobic and anaerobic fermentation. Oil was noticed at the walls of the vessels used for the cooking of raw seeds and during processing, which show that the seeds contain oil. We can conclude from this that long hours of cooking brings out the

oil in seeds through the fractionating intact part of the oil bodies and rupturing of cellular structure [9,28]. The increase in fat content of the fermented African locust bean seeds can also be attributed to the increase in the activities of lipolytic enzymes, which hydrolyses fat to glycerol and fatty acid.

Carbohydrate Content

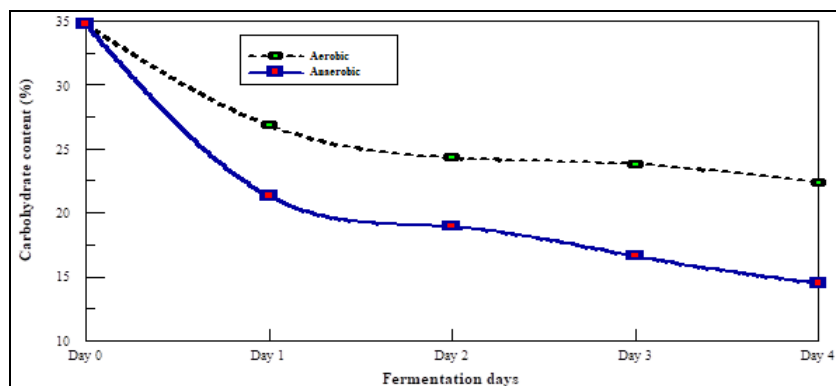


Fig 7: Percentage carbohydrate content

The carbohydrate content of the locust bean seed reduced during both the aerobic and anaerobic fermentation. This was due to the leaching of soluble carbohydrates like sugars into the water used for boiling and soaking. The loss on fermentation may be due to the utilization of some of the sugars by the fermenting organisms for growth and metabolism. When *Bacillus* is acting as an anaerobe (i.e. in an anaerobic environment), the substrate itself becomes the primary source of the energy needed for growth, survival and

metabolism. *Bacillus* species have been found to be producers of certain enzymes such as amylase, galactanase, glucosidase, fructofuranosidase and galactosidase [19, 29]. These enzymes are involved in degrading carbohydrates. Both microbial amylase and galactanases hydrolyzes carbohydrates to sugars, which are the more digestible form. This explains the successive decrease in the carbohydrate content during the fermentation period.

pH

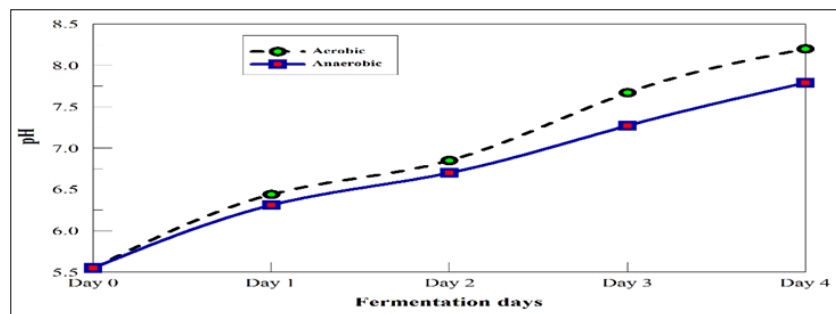


Fig 8: pH

The pH for the aerobic fermentation increased from 5.9 in the raw seed to about 8.2 in the fermented seed. The pH obtained during the aerobic fermentation fits perfectly with the results obtained by Odunfa [11, 25]. Odunfa reported a gradual increase in pH during the first 30 hours of fermentation and later a sharp increase to 8.1 subsequently. From the results obtained, the aerobic fermentation of the African Locust bean seed is an alkaline fermentation. The increase in the pH during the fermentation may be because of the formation of ammonia which is basic.

On the other hand, samples from the anaerobic fermentation experienced a decrease in pH to become slightly acidic fermented products.

5. Conclusions

The African Locust bean contains an appreciable amount of essential macro-nutrients, especially protein and carbohydrate which are important parts of the daily diet of every household.

Therefore, increase intake of the locust beans will reduce the risk of nutrient deficiencies in consumers.

Conflict of interest

The authors declare no conflict of interest.

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