

Development and validation of stability indicating HPLC method for the estimation of etodolac in pharmaceutical dosage form

Nagaraju Pappula*, D Mounika, V Mounika

Department of Pharmaceutical Analysis, Hindu College of Pharmacy, Guntur, Andhra Pradesh, India

Abstract

A rapid, simple, precise, accurate, and isocratic high performance liquid chromatography (HPLC) method has been developed for routine quality control of etodolac in pharmaceutical formulations. Separation was carried out by C18 column. The mobile phase was a mixture of solvent A (80:20% v/v – buffer and acetonitrile) and solvent B (75:25% v/v acetonitrile and buffer) in gradient mode at a flow rate of 1 mLmin⁻¹. The ultraviolet (UV) detection and column temperature were 227 nm and ambient in nature. The run time was 15 min under these chromatographic conditions. Excellent linear relationship between peak area and etodolac concentration in the range of 0.04-1 µg mL⁻¹ has been observed (r², 0.998). Developed method has been found to be sensitive, precise (the interday and intraday relative standard deviation (RSD) values for peak area was less than 0.4, accurate (recovery, 97.3-97.7%), specific and robust (% RSD were less than 1.00, for system suitability parameters). Proposed method has been successfully applied for quantification of etodolac in pharmaceutical formulations.

Keywords: etodolac, RP-HPLC, inflammation, NSAID, indole

Introduction

Etodolac is a monocarboxylic acid ^[1] that is acetic acid in which one of the methyl hydrogens is substituted by a 1,8-diethyl-1,3,4,9-tetrahydropyrano[3,4-b]indol-1-yl moiety. A preferential inhibitor of cyclo-oxygenase 2 and non-steroidal anti-inflammatory, it is used for the treatment of rheumatoid arthritis and osteoarthritis, and for the alleviation of postoperative pain. Administered as the racemate, only the (S)-enantiomer is active. It is a non-steroidal anti-inflammatory drug ^[2] (NSAID) with anti-inflammatory, analgesic and antipyretic properties. Its therapeutic effects are due to its ability to inhibit prostaglandin synthesis. It inhibits the activity of cyclooxygenase I and II, thereby preventing the formation of prostaglandin which is involved in the induction of pain, fever, and inflammation. It also inhibits platelet aggregation by blocking platelet cyclooxygenase and the subsequent formation of thromboxane A₂. Chemically (±) 1,8-diethyl-1,3,4,9-tetrahydropyrano-[3,4-b]indole-1-acetic acid and extensively metabolized in the liver. The hydroxylated-etodolac metabolites undergo further glucuronidation followed by renal excretion and partial elimination in the feces (16% of dose). The elimination half-life ^[3] of etodolac is between 6 and 8 hours in plasma and white crystalline compound, insoluble in water but soluble in alcohols, chloroform, dimethyl sulfoxide, and aqueous polyethylene glycol (Fig 1).

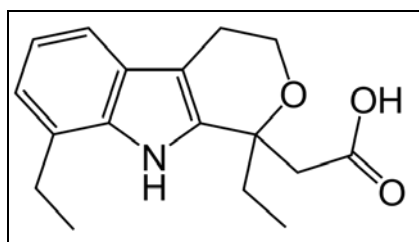


Fig 1: Chemical structure of etodolac

According to the literature search, there are few published high performance liquid chromatography (HPLC) methods for estimation of etodolac in dosage forms ^[4, 7].

Experimental

Chemicals

Analytical grade chemicals were used without further purification in this study. Sodium dihydrogen phosphate, ortho-phosphoric acid, HPLC-grade acetonitrile and methanol were purchased from Fisher Scientific. Ultra-pure water was obtained from water purification unit (Millipore Elix^R). Etodolac was obtained as a gift sample from adept pharma and bio science excellence pvt. Ltd., Hyderabad, India.

Stock Standard Solution

One hundred milligram pure drug was accurately weighed, dissolved in about 30 mL of deionized water and transferred to a 100 mL volumetric flask. Then the volume was completed to 100 mL with deionized water to obtain 1 mg mL⁻¹ of stock solution. The resulting stock solution was sonicated and filtered through a 0.45 µm filter. The stock solution was further diluted with deionized water to obtain the required concentration of standard solutions (10–100 mg mL⁻¹) before being injected into the system for analysis.

Sample Solution

Ten etodolac tablets were accurately weighed and transferred to a dry and clean mortar, then ground into a fine powder. Next, tablet powder equal to 250 mg etodolac was transferred to a volumetric flask of 250 mL. About 100 mL deionized water was added and this flask was attached to a rotary shaker for 10 min. To completely disperse the ingredients. The mixture was sonicated for 30 min, diluted to volume with deionized water to give a solution containing 1,000 mg mL⁻¹ and then filtered through a 0.45 µm filter.

Chromatographic Conditions

Chromatographic analysis was performed on a column of Kromasil RP C18 (4.6 mm X 250 mm X 5.0 mm). The mobile phase consisted of ACN:Sodium phosphate buffer (pH-4.5) in ratio of 80:20 (solvent A) and 75:25 v/v (solvent B). The mobile phase was filtered and degassed through a 0.45 mm membrane filter before use and then pumped at a flow rate of 1 mL min⁻¹. The column temperature has been ambient in nature. The run time was 15 min under these conditions.

Method Validation

The analytical method validation has been performed as per ICH guidelines of Validation of Analytical Procedure: Q2 (R1) [8, 9]. The validation parameters such as system suitability, linearity, the limit of detection (LOD), the limit of quantification (LOQ), accuracy, specificity, precision, and robustness were addressed.

Linearity

Standard calibration has been prepared using six standard solutions within the concentration range of 0.04-1 µg mL⁻¹ has been observed (r², 0.998). In optimized chromatographic conditions, each standard solution was chromatographed for 15 min three times. Least squares linear regression analysis of the average peak area versus concentration data were used to evaluate the linearity of the method.

Specificity/Selectivity

Selectivity is the ability of the analytical method to produce a response for the analyte in the presence of other interference. The selectivity of the method was tested by comparing the chromatograms obtained for etodolac standard, tablet, and blank solutions. The parameters retention time and tailing factor were calculated in order to prove that the method chosen was specific

Limit of Detection and Limit of Quantification

These values were determined using the standard error (s) and slope of the regression line (m) as shown in following equations:

$$\text{LOD} = 3.3 * s/m$$

$$\text{LOQ} = 10 * s/m$$

Precision

Precision was analyzed by calculating variations of the method in intraday (repeatability performed by analyzing standard solution on the same day) and inter-day (repeatability carried out by analyzing standard solution on three different days). Precision study was performed by injecting six times of standard solution at three different concentrations, on the same day and three consecutive days.

Accuracy

Recovery studies were conducted by the standard addition technique to confirm the accuracy of the proposed method. In this method, 50, 100, 150% of three different levels of pure drug were added to the previously analysed sample solutions, and etodolac recovery was calculated for each concentration.

Robustness

A robustness analysis was performed to determine the impact of minor yet systematic differences in

chromatographic conditions. The modifications include different flow rate, pH of the buffer, Buffer concentration and wavelength range. After each change, System suitability parameters were checked by injecting the sample solution into the chromatographic system and the results were compared with those under the original chromatographic conditions.

Solution Stability

The stability of sample and standard solutions were monitored over a 24 h period. For this, standard and sample solutions were injected into the system at 8 h periods, and the peak area and retention time were evaluated. During the stability study, standard solutions have been stored at ambient temperature (25°C) and protected from light.

Result and Discussion

Determination of λ_{max}

The wavelength corresponding to maximum absorbance (λ_{max}) was determined as 227 nm from the UV spectrum of standard solution.

Method Development

Several preliminary studies were conducted to optimize the chromatographic conditions for the quantification of etodolac. Mobile phases consisting of several buffer systems were tried at the beginning of the study; they could not meet the required system parameters. Then only phosphate buffer system was tested without using organic modifiers, long analysis times were obtained. Different acetonitrile solution ratios were investigated to obtain optimum conditions. The acetonitrile ratio was determined as 10% against 50 mM sodiumdihydrogen phosphate solution (pH 4.5) due to the etodolac peak being well shaped and symmetrical using this system. Eventually, it was found that the mobile phase consisting of a mixture of solvent A (80:20%v/v – buffer and acetonitrile) and solvent B (75:25%v/v acetonitrile and buffer) in gradient mode provided stronger theoretical plates (>2,000) and peak tailing factor (<1.0).

Optimised chromatographic conditions were achieved using an gradient mobile phase comprising a mixture of solvent A (80:20%v/v – buffer and acetonitrile) and solvent B (75:25%v/v acetonitrile and buffer) in gradient mode at a flow rate of 1.0 mL min⁻¹ on an Kromasil RP C18 (4.6 mm X 250 mm X 5.0 mm) that was kept at 30°C. The analysis was conducted which offers a lot of advantages such as good chromatographic peak shape, enhanced column efficiency, and low-column pressure, in addition to being economic. The eluate was monitored using a UV detector set at 227 nm. Under the chromatographic conditions etodolac was eluted at retention time 5.30 min.

Method Validation

Linearity

The stock standard solution of etodolac was diluted appropriately with deionized water to obtain standard solutions within the concentration range of µg mL⁻¹ has been observed (r², 0.998). Each standard solution was injected three times into the HPLC system under the above-mentioned chromatographic working conditions. Linearity of the proposed method has been estimated at 8 concentration levels in the range of µg mL⁻¹ by regression analysis. The calibration curve was developed by plotting average peak area versus standard concentration (Fig. 2).

The correlation coefficient, slope, and intercept of the regression line were determined using the least squares method. The relation between mean peak area Y ($n = 3$) and concentration, X expressed by equation $Y = a+bX$, was linear. Values of slope, intercept, and correlation coefficient (r) were 538815, 8279.9 and 0.998, respectively as shown in Table 1.

Precision

Precision study was performed by injecting six times of standard solution at three different concentrations, on the same day and three consecutive days on the same day and three consecutive days. All RSD values for retention time and peak area for selected etodolac concentrations were less than 0.5 and 2.0%, respectively. In this case, the method is precise and can be used for our intended purpose.

Accuracy study

A known quantity of standard solution has been added to the sample solutions previously analyzed at three different levels (50%, 100% and 150%). The amount recovered for etodolac has been calculated for three concentrations. The recovery data were summarized in Table 2. Percent RSD values for all analyses were less than 2% indicating that excipients found in pharmaceutical formulations do not interfere and analytical method is very accurate.

Robustness

The results showed that the change in flow rate and mobile phase concentration had little effect on the chromatographic behaviour of etodolac. The small change in the flow rate, pH of the buffer, Buffer concentration and wavelength range. The change in the column temperature did not have a significant effect on the method.

Degradation Behaviour of Etodolac

Degradation under Acidic Conditions

When an etodolac was treated with 1N HCl kept at 70°C for

15hrs. Sufficient degradation was achieved. Degradation was observed as shown in figure 3. Impurity was formed.

Degradation under Basic Conditions

When Etodolac was treated with 5N NaOH, kept at 70°C for 50hrs, no degradation was observed as shown in figure 4.

Degradation under Neutral Conditions

When Etodolac was treated with water kept at 70°C for 50hrs, no degradation was observed as shown in figure 5.

Degradation under Oxidative Conditions

When Etodolac was treated with 3% H₂O₂ at normal room temperature in a dark for 6hrs, it was degraded to 11.88% as shown in figure 6. Two types of impurities were formed.

Degradation under Photolytic Condition

When Etodolac was exposed to light providing an overall illumination of 3.6 million hrs and an integrated near ultraviolet energy of 600 Watt hours/squaremeter, no degradation was observed as shown in figure 7.

Thermal degradation

When Etodolac powder was spread in petridish and placed in hot air oven at 70°C for 10days, no degradation was observed.

Conclusion

A very quick, cost-effective, precise and accurate HPLC method for the determination of FVP has been developed and validated in compliance with ICH guidance Q2. Besides the short run time (15min), retention time (5.3) and flow rate of mobile phase (1 mL min⁻¹) made the method attractive because these features save analysis time and cost. In short, this method is sensitive, selective, reproducible and rapid for etodolac in bulk and tablet. The accuracy and precision are within reasonable limits finally analytical method is reliable and robust.

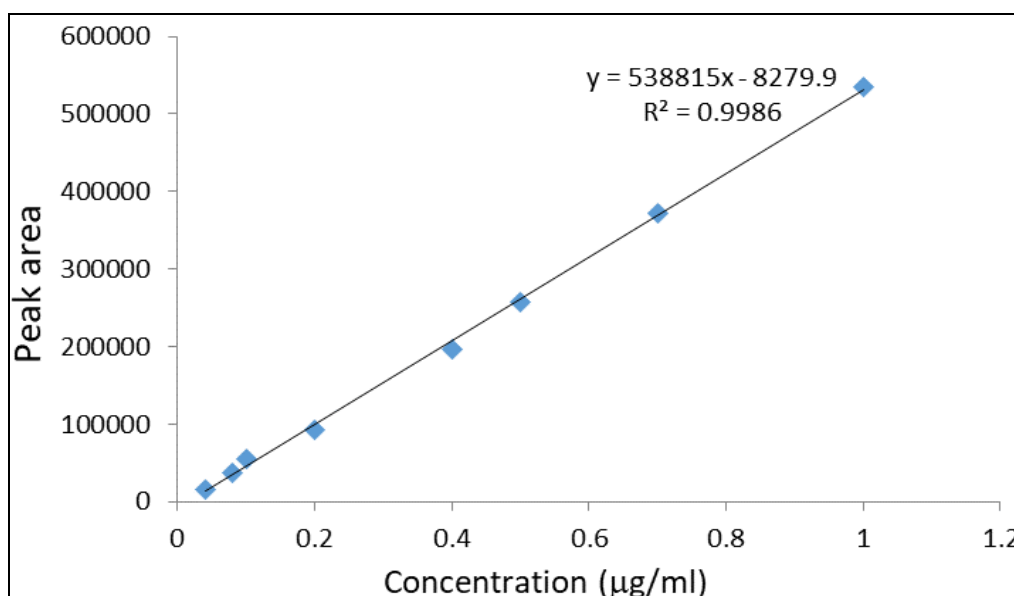
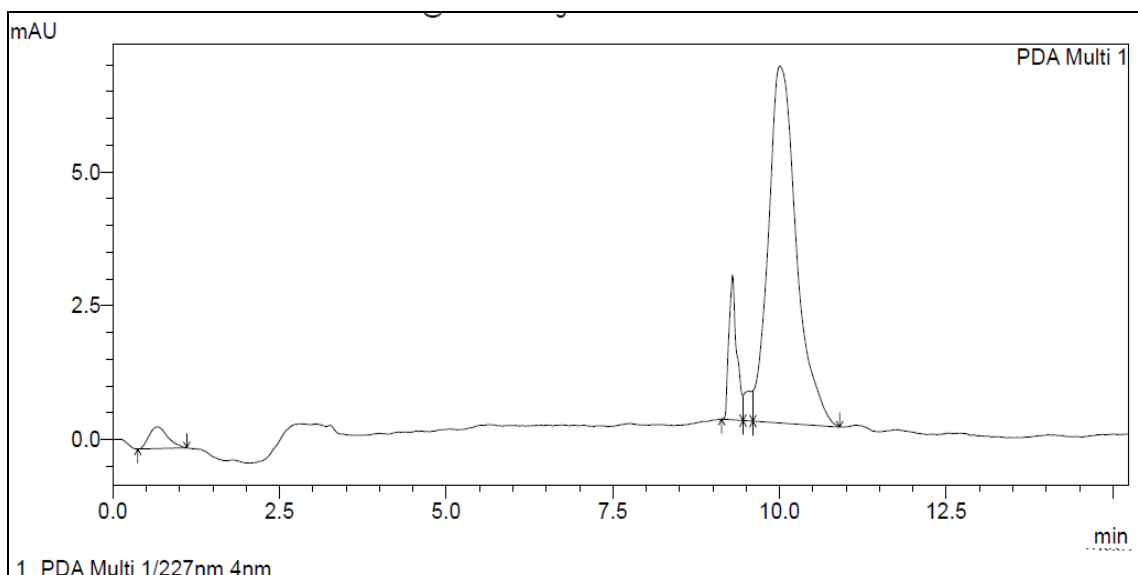
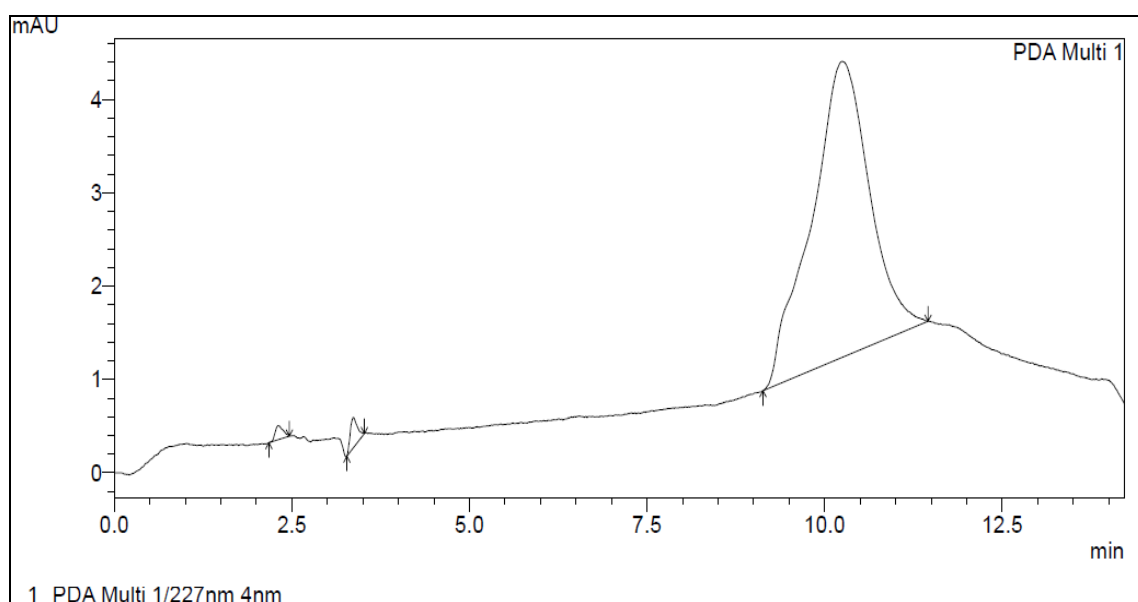
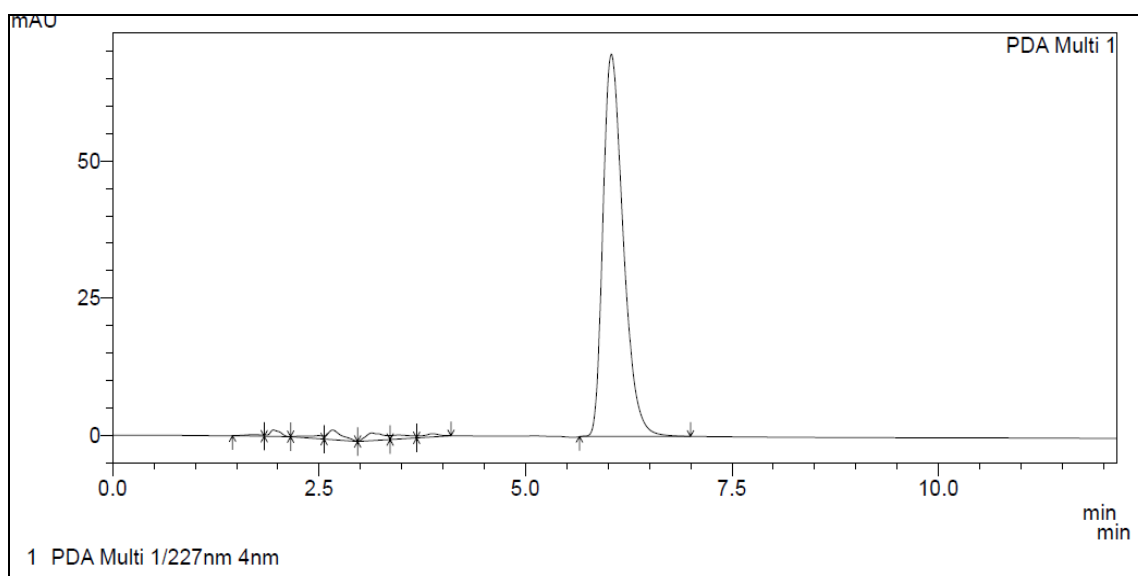


Fig 2: Calibration curve of etodolac

**Fig 3:** Acid degradation of Etodolac**Fig 4:** Base degradation of Etodolac**Fig 5:** Neutral degradation of Etodolac

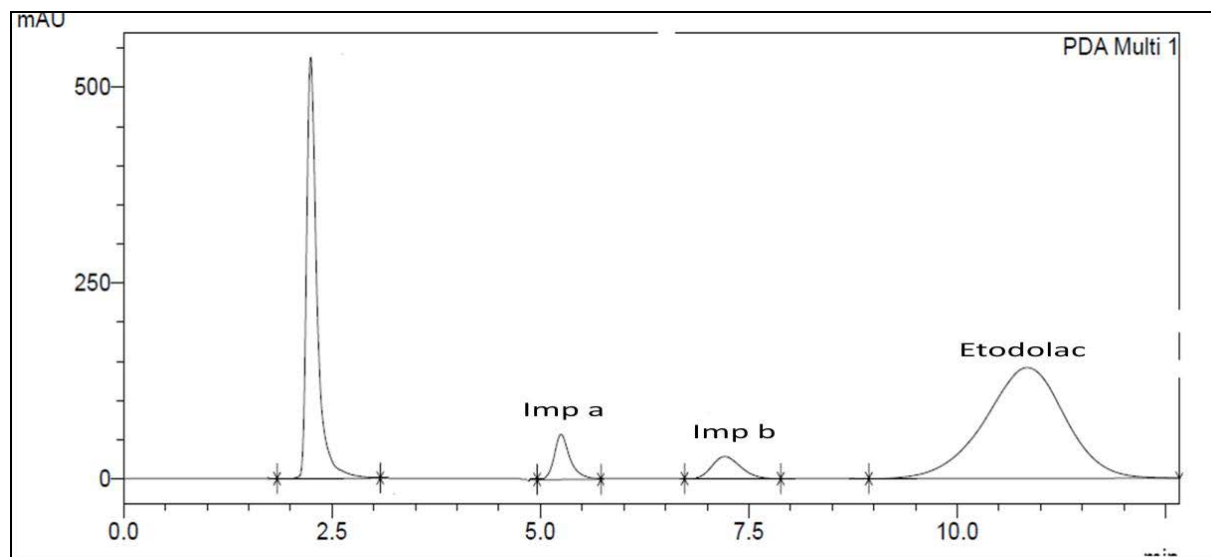


Fig 6: oxidative degradation of Etodolac

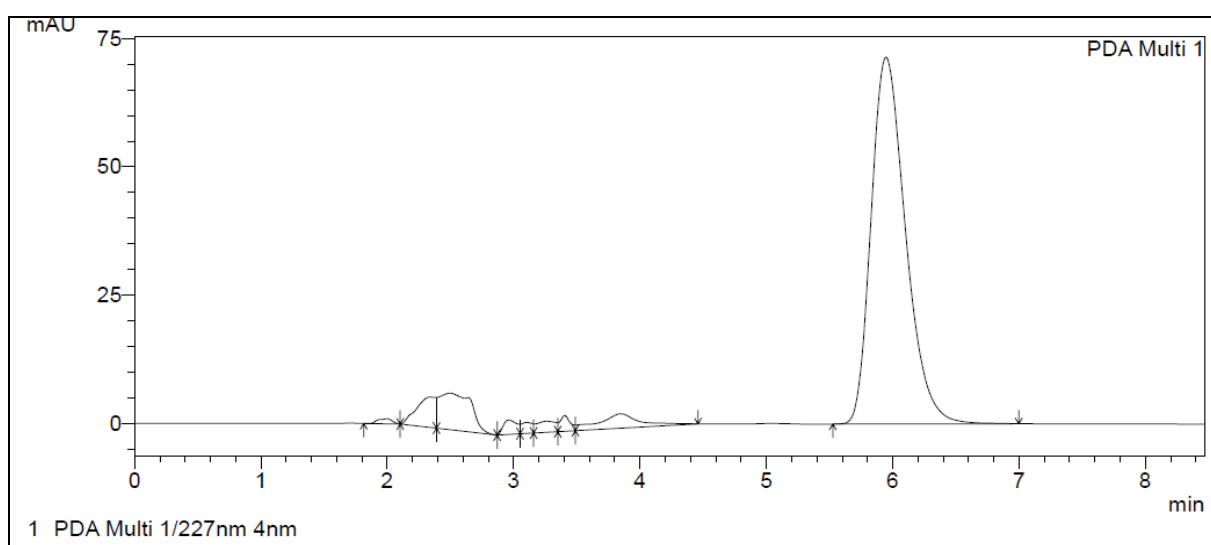


Fig 7: Photolytic degradation of Etodolac

Table 1: Statistical data of etodolac

Parameters	Values
Slope	538815
Intercept	8279.9
Correlation coefficient	0.998
LOD	0.027, 0.018, 0.064
LOQ	0.09, 0.06, 0.21

Table 2: Recovery data of etodolac

Compound	% level	Spiked impurity quantity	% recovery	Mean % recovery
Imp-a	0.05	0.151	96.7	97.73
	0.10	0.302	100.3	
	0.15	0.453	96.2	
Imp-b	0.05	0.148	96.6	98.66
	0.10	0.296	98.3	
	0.15	0.444	101.1	
Imp-c	0.05	0.152	94.8	97.36
	0.10	0.304	98.4	
	0.15	0.456	98.9	
Etodolac	0.1	149	100.6	99.8
	0.5	298	99.7	
	1	447	99.1	

Table 3: Degradation studies of etodolac

Conditions		Time	% of degradation
Acidic hydrolysis	Reflux at 70°C in 5N HCl	48hrs	18% was observed
Base hydrolysis	Reflux at 70°C in 5N NaOH	50hrs	No
Neutral hydrolysis	Reflux at 70°C in water	70hrs	No
Oxidative degradation	3% H ₂ O ₂ in dark at room temperature	12hrs	15.3% was observed
Photolytic	Visible exposor-3.6 million hrs UV exposor – 600 watt hours/square meter	—	No
Thermal	70°C in Hot air oven	10days	No

References

- Gouda AA, Hassan WS. Spectrophotometric determination of etodolac in pure form and pharmaceutical formulations. Chemistry Central Journal, 2008;2(1):1-8.
- Koseoglu BG, Ozturk S, Koçak H, Palanduz S, Çefle K. The effects of etodolac, nimesulid and naproxen sodium

- on the frequency of sister chromatid exchange after enclused third molars surgery. *Yonsei medical journal*,2008;1;49(5):742-7.
3. Humber LG. Etodolac: The chemistry, pharmacology, metabolic disposition, and clinical profile of a novel anti-inflammatory pyranocarboxylic acid. *Medicinal research reviews*,1987;7(1):1-28.
 4. Bachhav DG, Khadabadi SS, Deore LP. Development and validation of HPLC method for estimation of etodolac in rat plasma. *Austin J Anal Pharm Chem*,2016;3(1):1-6.
 5. Abdelhameed AS, Afifi SA. A validated HPLC-DAD method for simultaneous determination of etodolac and pantoprazole in rat plasma. *Journal of Chemistry*,2014;1;2014.
 6. Patel A, Shah B. RP-HPLC method development and validation using factorial design for simultaneous estimation of thiocolchicoside and etodolac with forced degradation studies. *J Pharm Sci Bio Res*,2014;4(6):374-82.
 7. Shaikh A, Singh G, Jain NK, Gupta MK. Development and validation of new simple, sensitive and validated UV-spectrophotometric and RP-HPLC method for the simultaneous estimation of Paracetamol and Etodolac in marketed formulation. *Journal of Drug Delivery and Therapeutics*,2017;15:7(4):120-4.
 8. Borman P, Elder D. Q2 (R1) validation of analytical procedures. *ICH Quality guidelines*,2017:127-66.
 9. Kadar EP, Wujcik CE, Wolford DP, Kavetskaia O. Reviewer Guidance, Validation of Chromatographic Methods Reviewer Guidance, Validation of Chromatographic Methods, 1994. *Journal of chromatography. B, Analytical technologies in the biomedical and life sciences*,2008;15:863(1):1-8.